

# Twilight Talk

**Team Twilight**

**Administrative Staff**

**Administrator**

Jordan Golden, LNFA

**Medical Director**

Dr Patel

Dr Rodriguez

**Admissions & Marketing**

Geather Weeks

**Business Office Manager**

Marla Wofford

**Human Resource Manager**

Brittnay Rodriguez

**Healthcare Liaison**

Melissa Harris

**Director of Nursing**

Cristi Schmidt, RN

**Assistant Director of Nursing**

Sandra Pinedo, RN

**Assessment Nurse**

Gayla Carol, LVN

**Medicaid Coordinator**

Rachel Lamb, LVN

**Medicare Coordinator**

Elaine Roberts, RN

**Director of Rehabilitation**

Tammy Murray, COTA

**Social Worker**

Jaci Brownlow, LBSW

**Activity Director**

Chasity Long

**Dietary Manager**

Gloria Medina

**Maintenance &**

**Housekeeping Manager**

Russell Carty



**WHATS INSIDE!!!**

**Employee Page**

Who has a birthday coming up???

**Activities!!!**

Find out what is going on for activities!



## From Nursing

### Residents on Anticoagulant Therapy

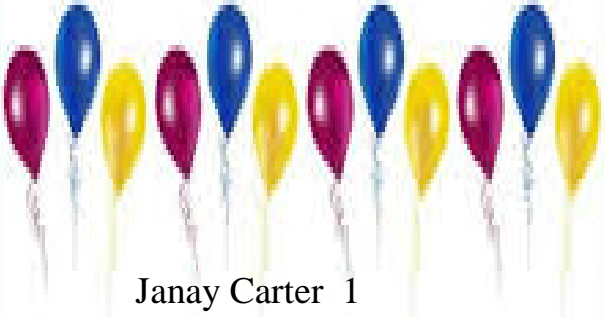
Many elderly people are on routine anticoagulant therapy such as a low dose aspirin, plavix, or Coumadin daily. These medications help prevent blood clots from forming. It helps to maintain good heart health.

However, these medications along with the thinner more fragile skin of elderly people mean that bruising is much, much easier. A bump on the arm on a bed rail or wheelchair arm can easily form a large bruise. You may not remember a bump since we all get them every day but then later that day or the next you look down and there is a bruise, sometimes a large one, on an arm or leg. Even propelling yourself in a wheelchair can cause bruising to the inside of the forearm or upper arm. When we see a new bruise we look for the cause and monitor to make sure it is healing. Sometime a cause is not readily apparent and sometimes it is. Those people who use medications to prevent blood clots are also monitored by blood tests to see that the not too much medication is given. The physician must adjust people's medications at times so that it stays in the therapeutic range the physician is looking for.


So if you or a loved one is taking medications for anticoagulant therapy keep a look out for the bruising and when you see a new one be sure and tell your nurse so we can let the physician know about it. If you remember what caused the bruise that is something we want to know also.

Cristi Schmidt, RN  
Director of Nursing

# Happy Birthday!



Janay Carter 1  
Gayla Andrews 5  
Jennifer Andrade 5  
Sesay Hawanatu 8  
Michelle Hamlet 10  
Amanda Self 14  
Melissa Harris 16  
Leslie Gordon 16  
Pamela Oakley 16  
Derrick Grant 19  
Jennifer Moore 24  
Amanda Huskins 28



## RESIDENT CORNER.....



### ***Resident Birthdays***

Betty Lambert 3  
Sandra Freeman 8  
Alvah Montgomery 11  
Dean Mayer 14  
Donald Williams 14  
Evelyn Holland 23  
Helen Runyon 25  
Lawrence McMillan 25  
Janell Price 27  
Judy McGraw 31



***--Activities are subject to change***

***-Beauty shop days are  
Monday & Thursday***

# TALKIN ABOUT ACTIVITIES...

## Up Coming Events

Birthday Party 5th @ 3

Outing to Chick Fil-A 10th @ 9:30am

Corndog Lunch 11th @ 11:30

Black Friday Store 13th @10:30

St Patty's Party 17th @ 11:30

MS HOLLAND TURNS 104 YEARS YOUNG 23- Party @ 11:30

Taco Tuesday 24th @ 11:30

Resident Council 27th @ 9:15

## From the Activity Director

The residents enjoyed our Valentine Party with love songs, potato soup served with grill cheese and strawberry shortcake dessert.

***Congratulations to our King & Queen: Sandra and David Freeman!!!***

We also had our Ombudsman, Stephanie Willms, come in and meet with the residents during our resident council meeting. We want to make sure that all residents have her information, so that they may contact her for any concerns; regarding their rights or if they have any other questions.

Time change is coming soon. That means spring is almost here. With the weather getting better we will have a lot more outside activities or outings. If your loved one doesn't have a trust account, to pay for an outing that may cost money, please contact Brittney in the business office.

With Love,  
Chasity

## Chocolate-Mint Shamrock Cupcakes

### Ingredients

- 1 package chocolate cake mix (regular size)
- Pencil, paper, scissors and waxed paper
- 1 cup light green candy coating disks
- 24 chocolate wafers
- 2 tablespoons corn syrup, warmed
- Gold pearl dust
- 2 packages (4.67 ounces *each*) mint Andes candies, chopped
- 1/2 cup heavy whipping cream



### Directions

1. Prepare and bake cake batter according to package directions for cupcakes; cool completely.
2. Meanwhile, with a pencil and paper, draw shamrock design. Cut out pattern. Melt candy coating in a microwave-safe bowl; stir until smooth. Transfer to a resealable plastic bag; cut a small hole in corner of bag. Place waxed paper over the pattern; pipe a shamrock design. Repeat 23 times. Refrigerate until set.
3. Lightly brush wafers with corn syrup; brush with pearl dust. Gently lift candy shamrocks from waxed paper. Lightly brush bottoms with corn syrup; attach to wafers. Set aside.
4. Place Andes candies in a small bowl. In a small saucepan, bring cream just to a boil. Pour over candies; whisk until smooth. Cool slightly, stirring occasionally. Dip cupcakes into melted mints; let stand until set. Press a shamrock-topped wafer onto each cupcake. Yield: 2 dozen.



**Happy** 

**St. Patrick's Day**



TWILIGHT TALK

Twilight Home  
3001 west 4th Ave  
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